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## Washington State Wineries To Follow On Instagram During Harvest



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Dining

*I write about food and travel while roaming around the U.S. in my RV*

Harvest season is a wonderful time to visit wine country. If you can't be there in real life, these social media savvy wineries are a lot of fun to follow.



Theo the dog checking out the estate vineyard at Abeja Winery in Walla Walla. KEN JONES/ABEJA WINERY  
VIA INSTAGRAM

### Abeja

The vintage farmstead vibe is just one reason to dig this Walla Walla winery where Daniel Wampfler and Amy Alvarez-Wampfler make the stunning lineup of Cab, Merlot and Chardonnay, mostly using estate-grown fruit. And, yes, you can and you should book a room at the charming inn, where the winemakers collab with chef Elodie Li on special dinners and spot-on pairings. On [Abeja's Insta feed](#), at least one post might tempt you to jump on a plane just so you can go on a tromp through the vineyard with Theo, the sweet dog who belongs to enologist Ken Jones.